



The Mediation Center
Finding common ground.

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1. What is your name?

Sarah Gentry

2. What college, university, or school did you complete your internship through?

University of North Carolina, Asheville

3. How many hours a week was your internship?

4+

4. What was your major?

International Studies

5. Which of the following programs did you work with?

Community Mediation Program

Family Visitation Program

6. Please describe what a typical day as in intern looked like for you

I would come in around 3:00pm and my intern supervisor would let me know what sort of work she needed done for the day. I would then work on those tasks for two hours. Tasks included input of demographic information, filing, input form creation, copying, shadowing of visitation, shadowing of family team meetings, and research. In the future, I will be involved in the monitoring supervised visitation.

7. What skills did you take away from the internship?

I had the opportunity to go through supervised visitation training and community mediation training. I learned skills such as reflective listening, positive reframing, the mediation process and purposeful utilization of neutral word choice. I was exposed to the process of demographic research, the intake process of new clients, the role of a social worker in regards to children's safety, working for a non-profit, and when the use of a mediator is appropriate.

8. What was supervision like for you as an intern?

Very relaxed and laid back, but at the same time letting me know what work is expected. My supervisors were great.

9. Would you recommend other students to intern with the mediation center? Please explain.

Yes, it is great if you are looking for exposure to non-profit or social work. The Mediation Center is a great place to see conflict resolution skills put to work on the ground in the community. They are really doing a great service for the community and making a difference in the lives of their clients.